

Wordlist

This list contains the key words from the units in the Student's Book.

Word	Phonetics	Translation
Unit 1 Out of the ordinary		
able-bodied (adj)	/ˌeɪbl'bɒdɪd/	-----
absent-minded (adj)	/ˌæbsənt'maɪndɪd/	-----
ambitious (adj)	/æm'biʃəs/	-----
amiable (adj)	/ˈeɪmiəbl/	-----
argumentative (adj)	/ˌɑːɡju'mentətɪv/	-----
aside from (prep)	/ə'saɪd frəm/	-----
assertive (adj)	/ə'sɜːtɪv/	-----
attention-seeking (adj)	/ə'tenʃn sɪˈkiŋ/	-----
big-headed (adj)	/ˌbɪɡ'hedɪd/	-----
bracelet (n)	/ˈbreɪslət/	-----
by and large	/ˌbaɪ ən 'lɑːdʒ/	-----
cagey (adj)	/ˈkeɪdʒi/	-----
cold-blooded (adj)	/ˌkəʊld'blədɪd/	-----
conceited (adj)	/kən'siːtɪd/	-----
condescending (adj)	/ˌkɒndɪ'sendɪŋ/	-----
conformist (adj)	/kən'fɔːmɪst/	-----
considerate (adj)	/kən'sɪdərət/	-----
considering (prep)	/kən'sɪdəɪŋ/	-----
conventional (adj)	/kən'venʃənl/	-----
daring (adj)	/ˈdeərɪŋ/	-----
dedicated (adj)	/ˈdedɪkeɪtɪd/	-----
dependable (adj)	/dɪ'pendəbl/	-----
desperate (to do sth)	/ˈdespərət (tə duː sʌmθɪŋ)/	-----
deterioration (n)	/dɪˌtɪəriə'reɪʃn/	-----
devote (v)	/dɪ'vəʊt/	-----
easy-going (adj)	/ˌiːzi'gəʊɪŋ/	-----
eccentric (adj)	/ɪk'sentɪrɪk/	-----
enrichment (n)	/ɪn'ɪtʃmənt/	-----
envy (v)	/ˈenvi/	-----
excel at/in sth (v)	/ɪk'sel ət/ɪn sʌmθɪŋ/	-----
extra-curricular activity (n)	/ˌekstrəkə'rɪkjələ(r) æktɪvəti/	-----
grumpy (adj)	/ˈɡrʌmpi/	-----
hard-working (adj)	/ˌhɑːd'wɜːkɪŋ/	-----
have a habit of doing sth	/hæv ə ˌhæbɪt əv 'duŋ sʌmθɪŋ/	-----
in the long run	/ɪn ðə 'lɒŋ rʌn/	-----
intriguing (adj)	/ɪn'trɪɡɪŋ/	-----
irritable (adj)	/ˈɪrɪtəbl/	-----
kind-hearted (adj)	/ˌkaɪnd'hɑːtɪd/	-----
level-headed (adj)	/ˌlevl'hedɪd/	-----
loyal (adj)	/ˈlɔɪəl/	-----
make eye contact with sb	/ˌmeɪk 'aɪ kɒntækt wɪð sʌmbədi/	-----
moody (adj)	/ˈmuːdi/	-----
naïve (adj)	/naɪ'viːv/	-----
narrow-minded (adj)	/ˌnærəʊ'maɪndɪd/	-----
oblivious of/to sth (adj)	/əb'lɪviəs əv/tə sʌmθɪŋ/	-----
open-minded (adj)	/ˌəʊpən'maɪndɪd/	-----
outgoing (adj)	/ˈaʊtgəʊɪŋ/	-----
outlandish (adj)	/aʊt'lændɪʃ/	-----
patronising (adj)	/ˈpætrənaɪzɪŋ/	-----
penny-pinching (adj)	/ˈpenɪpɪntʃɪŋ/	-----
personality trait (n)	/ˌpɜːsən'æləti treɪt/	-----
piercing (n)	/ˈpɪəriŋ/	-----

Word	Phonetics	Translation
secretive (adj)	/ˈsiːkrətɪv/	-----
self-motivated (adj)	/ˌself'məʊtɪveɪtɪd/	-----
spiky (adj)	/ˈspaɪki/	-----
stride (n, v)	/straɪd/	-----
talkative (adj)	/ˈtɔːkətɪv/	-----
thick-skinned (adj)	/ˌθɪk'skɪnd/	-----
timid (adj)	/ˈtɪmɪd/	-----
tongue-tied (adj)	/ˈtʌŋtaɪd/	-----
trustworthy (adj)	/ˈtrʌstwɜːði/	-----
unassuming (adj)	/ˌʌnə'sjuːmɪŋ/	-----
urge sb to do sth (v)	/ˌɜːdʒ sʌmbədi tə 'duː sʌmθɪŋ/	-----
vain (adj)	/veɪn/	-----
well-meaning (adj)	/ˌwel'miːnɪŋ/	-----
whereas (conj)	/ˌweər'æz/	-----

Get Ready for your Exam 1

fast track (n)	/ˈfɑːst træk/	-----
know the basics (v)	/ˌnəʊ ðə 'beɪsɪks/	-----
move at speed (v)	/ˌmuːv ət 'spiːd/	-----
refine your skills (v)	/rɪˌfaɪn jɔː 'skɪlz/	-----

Unit 2 Rich and poor

a good cause	/ə ˌɡʊd 'kɔːz/	-----
affluent (adj)	/ˈæfluənt/	-----
allowance (n)	/ə'laʊəns/	-----
amenities (n)	/ə'mɪːnətɪz/	-----
be (deep) in debt	/bi (di:p) ɪn 'det/	-----
be faced with consumer choices	/bi ˌfeɪst wɪð kɒnsjuːmə 'tʃɔɪsɪz/	-----
be worth/earn a fortune	/bi ˌwɜːθ/ɜːn ə 'fɔːtjuːn/	-----
broke (adj) informal	/brəʊk/	-----
budget wisely	/ˌbʌdʒɪt ˈwaɪzli/	-----
careless (adj)	/ˈkeələs/	-----
come into some money (v)	/ˌkʌm ɪntu səm 'mʌni/	-----
comfortably off (adj)	/ˌkʌmfətəbli 'ɒf/	-----
cost an arm and a leg (v)	/kɒst ən ˌɑːm ənd ə 'leg/	-----
costly (adj)	/ˈkɒstli/	-----
dear (adj)	/dɪə(r)/	-----
deprived area (n)	/dɪ'praɪvd ˌeəriə/	-----
detached house	/dɪ'tætʃt ˌhaʊs/	-----
dip into your savings	/ˌdɪp ɪntu jɔː 'seɪvɪŋz/	-----
dirt cheap (adj) informal	/dɜːt ˈtʃiːp/	-----
donate (v)	/dəʊ'neɪt/	-----
evict sb (from a house) (v)	/ɪ'vɪkt sʌmbədi (frəm ə haʊs)/	-----
exasperated (adj)	/ɪɡ'zæspəreɪtɪd/	-----
extortionate (adj)	/ɪks'tɔːʃənət/	-----
fail/pass your driving test (adj)	/ˌfeɪl/pɑːs jɔː 'draɪvɪŋ test/	-----
filthy (adj)	/ˈfɪlði/	-----
fund (v, n)	/fʌnd/	-----
furiously (adj)	/ˈfjuəriəs/	-----
generous (adj)	/ˈdʒenərəs/	-----
get by on sth (phr v)	/get 'baɪ ɒn sʌmθɪŋ/	-----
gorgeous (adj)	/ˈɡɔːdʒəs/	-----
hard up (adj) informal	/ˌhɑːd 'ʌp/	-----
hideous (adj)	/ˈhɪdiəs/	-----
hilarious (adj)	/hɪ'leəriəs/	-----

Wordlist

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hoodie (n)	/'hʊdi/	-----
how the other half live	/haʊ ði ˌʌðə ha:f 'lɪv/	-----
immensely (adj)	/ɪmensli/	-----
keep sth (back)/save sth for a rainy day	/,ki:p sʌmθɪŋ (bæk)/,seɪv sʌmθɪŋ fər ə reɪni 'deɪ/	-----
live from hand to mouth <i>informal</i>	/lɪv frəm ˌhænd tə 'maʊθ/	-----
living expenses	/'lɪvɪŋ ɪkspensɪz/	-----
mainstream (adj)	/'meɪnstri:m/	-----
make a killing <i>informal</i>	/'meɪk ə 'kɪlɪŋ/	-----
make ends meet <i>informal</i>	/'meɪk endz 'mi:t/	-----
mean (adj)	/'mi:n/	-----
money burns a hole in sb's pocket <i>informal</i>	/'mʌni bɜ:nz ə ˌhəʊl ɪn sʌmbədɪz 'pɒkɪt/	-----
out of the blue (prep)	/'aʊt əv ðə 'blu:/	-----
packed (adj)	/'pækt/	-----
penniless (adj)	/'penɪləs/	-----
priceless (adj)	/'praɪsləs/	-----
pricey (adj)	/'praɪsi/	-----
property developer	/'prɒpəti dɪveləpə(r)/	-----
rip-off (n) <i>informal</i>	/'rɪpɒf/	-----
rip sb off (phr v) <i>informal</i>	/'rɪp sʌmbədi 'ɒf/	-----
shop around (v)	/'ʃɒp ə'raʊnd/	-----
soaking wet (adj)	/'səʊkɪŋ 'wet/	-----
spotless (adj)	/'spɒtləs/	-----
squat (v&n)	/'skwɒt/	-----
starving (adj)	/'stɑ:vɪŋ/	-----
state benefits (n)	/'steɪt 'benəfɪts/	-----
stingy (adj)	/'stɪndʒi/	-----
the socially disadvantaged	/ðə ˌsəʊʃəli dɪsəd'vɑ:ntɪdʒd/	-----
tighten your belt (v)	/'taɪtn jɔ: 'belt/	-----
wealthy (adj)	/'welθi/	-----
well off (adj)	/'wel 'ɒf/	-----
what's more	/'wɒts 'mɔ:(r)/	-----
worthless (adj)	/'wɜ:θləs/	-----
(your/family) finances	/(jɔ: fæməli) 'faɪnənsɪz/	-----

Get Ready for your Exam 2

alter sb's behaviour	/'ɔ:lteɪ sʌmbədɪz brɪ'heɪvjə(r)/	-----
big business	/'bɪɡ 'bɪznəs/	-----
carry out a survey	/'kæri aʊt ə 'sɜ:vveɪ/	-----
effectively (adv)	/'ɪfektɪvli/	-----
manipulate (v)	/'mæ'nɪpjuleɪt/	-----
marketing (n)	/'mɑ:kətɪŋ/	-----
predict (v)	/'prɪ'dɪkt/	-----
preference (n)	/'prefərəns/	-----
promotional campaign	/'prɒməʃjənəl kæm'peɪn/	-----
wire sb up (v)	/'waɪə sʌmbədi 'ʌp	-----

Unit 3 Generations

adolescence (n)	/'ædə'lesns/	-----
adore (v)	/'ə:dɔ:(r)/	-----
adulthood (n)	/'ædʌlθud/	-----
answer back (v)	/'ɑ:nsə 'bæk/	-----
back down (phr v)	/'bæk 'daʊn/	-----
be on the same wavelength <i>informal</i>	/'bi ˌɒn ðə seɪm 'weɪvlɛŋθ/	-----

Word	Phonetics	Translation
be wary of sb	/'bi 'weəri əv sʌmbədi/	-----
bicker with sb (v)	/'bɪkə wɪð sʌmbədi/	-----
boast to sb about sth (v)	/'bəʊst tu sʌmbədi əbaʊt sʌmθɪŋ/	-----
bonding experience	/'bɒndɪŋ ɪksprɪəriəns/	-----
bring out the worst in sb	/'brɪŋ aʊt ðə 'wɜ:st ɪn sʌmbədi/	-----
childhood (n)	/'tʃaɪldhʊd/	-----
close the generation gap	/'kloʊz ðə dʒenə'reɪʃn ɡæp/	-----
combative (adj)	/'kɒmbətɪv/	-----
confide in sb about sth (v)	/'kɒn'faɪd ɪn sʌmbədi əbaʊt sʌmθɪŋ/	-----
courtesy (n)	/'kɜ:təsi/	-----
despise (v)	/'dɪ'spaɪz/	-----
die down (phr v)	/'daɪ 'daʊn/	-----
disruptive (adj)	/'dɪs'rʌptɪv/	-----
do sth up (phr v)	/'du: sʌmθɪŋ 'ʌp/	-----
drawback (n)	/'drɔ:bæk/	-----
elderly (adj)	/'eldəli/	-----
extended family	/'ɪk,stendɪd 'fæməli/	-----
faulty (adj)	/'fɔ:lti/	-----
feel sorry for sb (v)	/'fi:l 'sɒri fə sʌmbədi/	-----
flatter (v)	/'flætə(r)/	-----
flirt with sb (v)	/'flɜ:t wɪð sʌmbədi/	-----
get abducted	/'get æb'dʌktɪd/	-----
have a lot in common with sb	/'hæv ə ˌlɒt ɪn 'kɒmən wɪð sʌmbədi/	-----
healthcare (n)	/'helθkeə(r)/	-----
hold sb/sth up (phr v)	/'həʊld sʌmbədi/sʌmθɪŋ 'ʌp/	-----
immediate family	/'ɪmɪ:dɪət 'fæməli/	-----
inability (n)	/'ɪnə'bɪləti/	-----
inadvertently (adv)	/'ɪnəd'vɜ:təntli/	-----
infancy (n)	/'ɪnfənsi/	-----
insult (v)	/'ɪn'sʌlt/	-----
lecture sb about sth (v)	/'lektʃə sʌmbədi əbaʊt sʌmθɪŋ/	-----
life expectancy	/'laɪf ɪkspektənsi/	-----
lifespan (n)	/'laɪfspæn/	-----
look down on sb (phr v)	/'lʊk 'daʊn ɒn sʌmbədi/	-----
look up to sb (phr v)	/'lʊk 'ʌp tu sʌmbədi/	-----
middle age	/'mɪdl 'eɪdʒ/	-----
nag sb about sth (v)	/'næg sʌmbədi əbaʊt sʌmθɪŋ/	-----
OAP (old-age pensioner) (n)	/'əʊ eɪ 'pi:/	-----
old age (n)	/'əʊld 'eɪdʒ/	-----
play sth down (phr v)	/'pleɪ sʌmθɪŋ 'daʊn/	-----
put sb up (phr v)	/'pʊt sʌmbədi 'ʌp/	-----
retirement age(n)	/'rɪ'taɪəmənt eɪdʒ/	-----
see eye to eye with sb (v)	/'si: ˌaɪ tu 'aɪ wɪð sʌmbədi/	-----
self-employed (adj)	/'self ɪm'plɔɪd/	-----
shining example (n)	/'ʃaɪnɪŋ ɪɡ'zɑ:mpl/	-----
show sb up (phr v)	/'ʃəʊ sʌmbədi 'ʌp/	-----
stamp your feet (v)	/'stæmp jɔ: 'fi:t/	-----
state pension (n)	/'steɪt 'penʃn/	-----
stick together (v)	/'stɪk tə'geðə(r)/	-----

Wordlist

Word	Phonetics	Translation
storm out (phr v)	/ˌstɔ:m 'aʊt/	-----
tease sb about sth (v)	/'ti:z sʌmbədi əbaʊt sʌmθɪŋ/	-----
tell sb off for sth (phr v)	/ˌtel sʌmbədi 'ɒf fə sʌmθɪŋ/	-----
toddler (n)	/'tɒdlə(r)/	-----
unpredictable (adj)	/ˌʌnpriːdɪktəbl/	-----
wind sth up (phr v)	/ˌwaɪnd sʌmθɪŋ 'ʌp/	-----
wrinkle (n)	/'rɪŋkl/	-----

Get Ready for your Exam 3

be attributed to sth	/bi ə'trɪbjʊtɪd tu sʌmθɪŋ/	-----
be glued to the screen	/biː ˌɡluːd tə ðə 'skri:n/	-----
breakthrough (n)	/'breɪkθruː/	-----
contributing factor	/ˌkɒnˌtrɪbjʊtɪŋ 'fæktə(r)/	-----
expand your wardrobe	/ɪkˌspænd jɔː 'wɔːdrəʊb/	-----
obesity (n)	/əʊ'biːsəti/	-----
over-eating (n)	/ˌəʊvən'eɪtɪŋ/	-----
reverse a trend (v)	/rɪˌvɜ:s ə 'trend/	-----
rise dramatically	/ˌraɪz drəmə'tetɪkli/	-----

Unit 4 Taking a stand

abhorrent (adj)	/ə'bɒrənt/	-----
activist (n)	/'æktɪvɪst/	-----
ageism (n)	/'eɪdʒɪzəm/	-----
aggrieved (adj)	/ə'ɡriːvd/	-----
anonymous (adj)	/ə'nɒnɪməs/	-----
armed struggle (n)	/ˌɑːmd 'strʌɡl/	-----
banner (n)	/'bænə(r)/	-----
barricade (n)	/'bærɪkeɪd/	-----
bound (people are bound to notice)	/baʊnd (piːpl ɑː ˌbaʊnd tu 'nəʊtɪs)/	-----
break up (a demonstration) (phr v)	/ˌbreɪk 'ʌp (ə ˌdemən'streɪfən)/	-----
by peaceful means	/baɪ ˌpiːsfl 'miːnz/	-----
candidate (n)	/'kændɪdət, -dət/	-----
censor (v)	/'sensə(r)/	-----
chant (v)	/tʃɑːnt/	-----
civil/human right	/ˌsɪvl ˌhjuːmən 'raɪt/	-----
civil unrest	/ˌsɪvl ʌn'rest/	-----
coalition (n)	/ˌkəʊə'lɪʃən/	-----
constituency (n)	/ˌkɒn'stɪtjuənsi/	-----
electoral system (n)	/ɪˌlektərəl sɪstəm/	-----
e-petition (n)	/'iːpətɪʃən/	-----
equality (n)	/ɪ'kwɒləti/	-----
extreme view (n)	/ɪkˌstriːm 'vjuː/	-----
first past the post	/ˌfɜːst pɑːst ðə 'pəʊst/	-----
freedom of speech	/ˌfriːdəm əv 'spiːtʃ/	-----
free speech	/ˌfriː 'spiːtʃ/	-----
gain independence (v)	/ˌgeɪn ɪndɪ'pendəns/	-----
general election (n)	/ˌdʒenrəl ɪˈlekʃən/	-----
general public (n)	/ˌdʒenrəl 'pʌblɪk/	-----
hold/be excluded from public office	/ˌhəʊld/bɪ ɪksˌkluːdɪd frəm pʌblɪk 'ɒfɪs/	-----
homophobic (adj)	/ˌhəʊmə'fəʊbɪk/	-----
hung parliament (n)	/ˌhʌŋ 'pɑːləmənt/	-----
incite sth (v)	/ɪn'saɪt sʌmθɪŋ/	-----
in the public interest	/ɪn ðə ˌpʌblɪk ɪn'trest/	-----

Word	Phonetics	Translation
invade sb's privacy (v)	/ɪnˌveɪd sʌmbədɪz 'prɪvəsi/	-----
join in/go to a march/demonstration/rally (v)	/ˌdʒɔɪn ɪn/ˌɡəʊ tu ə demən'streɪfən/ræli/	-----
launch a campaign (v)	/ˌlɔːntʃ ə kæm'peɪn/	-----
left-wing (adj)	/ˌleft'wɪŋ/	-----
libertarian (adj, n)	/ˌlɪbə'teəriən/	-----
mainstream politics (n)	/ˌmeɪnstriːm 'pɒlətɪks/	-----
march (v)	/mɑːtʃ/	-----
occupy somewhere (v)	/'ɒkjupaɪ sʌmweə(r)/	-----
paramilitary group	/pə'rə'mɪlətri ɡruːp/	-----
partition (n)	/pɑː'tɪʃən/	-----
pass a law	/pɑːs ə 'lɔː/	-----
peace initiative	/'piːs ɪnɪʃetɪv/	-----
petition (n)	/pə'tɪʃən/	-----
placard (n)	/'plækɑːd/	-----
political prisoner	/pəˌlɪtɪkl 'prɪzənə(r)/	-----
proportional representation	/prəˌpɔːʃənəl reprɪzen'tetɪʃən/	-----
Protestant (n)	/'prɒtɪstənt/	-----
public opinion	/ˌpʌblɪk ə'pɪnjən/	-----
restore law and order (v)	/rɪstɔː ˌlɔː ənd 'ɔːdə(r)/	-----
right-wing (adj)	/ˌraɪt'wɪŋ/	-----
riot (n&v)	/'raɪət/	-----
single-issue politics	/ˌsɪŋɡl ɪʃuː 'pɒlətɪks/	-----
sit-in (n)	/'sɪtɪn/	-----
sit up and take notice	/sɪt ˌʌp ənd teɪk 'nəʊtɪs/	-----
spiral of violence	/ˌspaɪrəl əv 'vaɪələns/	-----
stifle opposition	/ˌstaɪfl ɒpə'zɪʃən/	-----
stunt (n)	/stʌnt/	-----
take a stand	/ˌteɪk ə'stænd/	-----
undermine (v)	/ˌʌndə'maɪn/	-----

Get Ready for your Exam 4

account for sth (v)	/ə'kaʊnt fə sʌmθɪŋ/	-----
be severely hit (by sth)	/biː sɪˌvɪəli 'hɪt (baɪ sʌmθɪŋ)/	-----
carefree (adj)	/'keəfriː/	-----
jobless figures (n)	/'dʒɒbləs fɪɡəz/	-----
mask (a problem)	/mɑːsk (ə 'prɒbləm)/	-----
problematic (adj)	/ˌprɒblə'mætɪk/	-----
public sector jobs	/ˌpʌblɪk ˌsektə 'dʒɒbz/	-----
radioactive dust	/ˌreɪdɪəʊˌæktɪv 'dʌst/	-----
recession (n)	/rɪ'seʃən/	-----
underline (v)	/ˌʌndə'laɪn/	-----

Unit 5 Technology

accessory (n)	/ə'kʰesəri/	-----
acknowledge (v)	/ə'k'nɒlɪdʒ/	-----
acquit sb of sth (v)	/ə'kwɪt sʌmbədi əv sʌmθɪŋ/	-----
alert sb to sth (v)	/ə'lɜːt sʌmbədi tə sʌmθɪŋ/	-----
app (n)	/æp/	-----
at the mercy of sb	/ət ðə 'mɜːsi əv sʌmbədi/	-----
awkward (adj)	/'ɔːkwəd/	-----
blackmail (v)	/'blækmeɪl/	-----
bullying (n)	/'bʊlɪŋ/	-----
callous (adj)	/'kæləs/	-----

Wordlist

Word	Phonetics	Translation
cancel (v)	/ˈkænsəl/	-----
caution (v,n)	/ˈkɔːʃn/	-----
circuit board (n)	/ˈsɜːkɪt bɔːd/	-----
convict sb of sth (v)	/kənˈvɪkt sʌmbədi əv sʌmθɪŋ/	-----
cursor (n)	/ˈkɜːsə(r)/	-----
cybercrime (n)	/ˈsaɪbəkraɪm/	-----
cystic fibrosis (n)	/ˌsɪstɪk faɪˈbrəʊsɪs/	-----
defraud (v)	/dɪˈfrɔːd/	-----
double-click (v)	/ˌdʌblˈkɪk/	-----
download (v)	/ˌdaʊnˈləʊd/	-----
early-onset (adj)	/ˌɜːliˈɒnsət/	-----
edit your profile	/ˌedɪt jɔː ˈprəʊfaɪl/	-----
enter a password	/ˌentə ə ˈpɑːswɜːd/	-----
go joyriding	/ˌgəʊ ˈdʒɔɪraɪdɪŋ/	-----
go straight (not break the law) <i>informal</i>	/ˌgəʊ ˈstreɪt (ˌnɒt breɪk ðə ˈlɔː)/	-----
hacker (n)	/ˈhækə(r)/	-----
hack into sth (v)	/ˌhæk ˈɪntu sʌmθɪŋ/	-----
hijack (v)	/ˈhaɪdʒæk/	-----
hi-tech (adj)	/ˌhaɪˈtek/	-----
inherit sth from sb (v)	/ɪnˈherɪt sʌmθɪŋ frəm sʌmbədi/	-----
input (n)	/ˈɪnpʊt/	-----
jailbreak a device	/ˌdzeɪlbreɪk ə dɪˈvaɪs/	-----
key sth in (v)	/ˌkiː sʌmθɪŋ ˈɪn/	-----
laser (n)	/ˈleɪzə(r)/	-----
log on/off (v)	/ˌlɒg ˈɒn/ˈɒf/	-----
malicious (adj)	/məˈlɪʃəs/	-----
malware (n)	/ˈmælweə(r)/	-----
medical advance	/ˌmedɪkl ədˈvɑːns/	-----
microprocessor (n)	/ˌmaɪkrəʊˈprəʊsesə(r)/	-----
mumble (v)	/ˈmʌmbəl/	-----
mutter (v)	/ˈmʌtə(r)/	-----
network (n)	/ˈnetwɜːk/	-----
on-screen (adj)	/ˈɒnskriːn/	-----
patent (v)	/ˈpeɪtənt/	-----
piracy (n)	/ˈpaɪrəsi/	-----
pirate (n, v)	/ˈpaɪrət/	-----
plead (not) guilty	/ˌpliːd (nɒt) ˈɡɪlti/	-----
poacher (n)	/ˈpəʊtʃə(r)/	-----
post a comment	/ˌpəʊst ə ˈkɒment/	-----
procedure (n)	/ˌprəːsiːdʒə(r)/	-----
production line (n)	/ˌprəˈdʌkʃn laɪn/	-----
rampant (adj)	/ˈræmpənt/	-----
reach a verdict (v)	/ˌriːtʃ ə ˈvɜːdɪkt/	-----
scan (v)	/skæn/	-----
server (n)	/ˈsɜːvə(r)/	-----
shoplift (v)	/ˈʃɒplɪft/	-----
sign in/out (v)	/ˌsaɪn ˈɪn/ˈaʊt/	-----
sterile (adj)	/ˈsterail/	-----
stream sth (v)	/ˌstriːm sʌmθɪŋ/	-----
swipe (v)	/swaɪp/	-----
tap (v)	/tæp/	-----
test tube	/ˈtest tjuːb/	-----
touchscreen (adj)	/ˈtʌtʃskriːn/	-----
update (v)	/ʌpˈdeɪt/	-----

Word	Phonetics	Translation
upload (v)	/ʌpˈləʊd/	-----
Get Ready for your Exam 5		
activate (v)	/ˈæktɪveɪt/	-----
appealing (adj)	/əˈpiːlɪŋ/	-----
domestic appliance	/dəˌmestɪk əˈplaɪəns/	-----
surveillance (n)	/səˈveɪləns/	-----
untouched (adj)	/ˌʌnˈtʌtʃt/	-----
unveil (v)	/ˌʌnˈveɪl/	-----
vast (adj)	/vɑːst/	-----
voice command	/ˈvɔɪs kəmənd/	-----

Unit 6 A matter of taste

baked beans	/ˌbeɪkt ˈbiːnz/	-----
be full of beans <i>informal</i>	/bi ˌfʊl əv ˈbiːnz/	-----
be out to lunch <i>informal</i>	/bi ˌaʊt tu ˈlʌntʃ/	-----
be paid peanuts <i>informal</i>	/bi ˌpeɪd ˈpiːnʌts/	-----
beverage (n)	/ˈbevərɪdʒ/	-----
bitter (adj)	/ˈbɪtə(r)/	-----
bland (adj)	/blænd/	-----
burn calories	/ˌbɜːn ˈkæləriz/	-----
butter sb up (phr v)	/ˌbʌtə(r) sʌmbədi ˈʌp/	-----
chewy (adj)	/ˈtʃuːi/	-----
commodity (n)	/kəˈmɒdəti/	-----
couch potato <i>informal</i>	/ˈkaʊtʃ pəteɪtəʊ/	-----
creamy (adj)	/ˈkriːmi/	-----
crispy (adj)	/ˈkrispi/	-----
crumbly (adj)	/ˈkrʌmbli/	-----
crunchy (adj)	/ˈkrʌntʃi/	-----
cuisine (n)	/kwiːˈziːn/	-----
daily intake of calories	/ˌdeɪli ˌɪnteɪk əv ˈkæləriz/	-----
expel (v)	/ɪkˈspel/	-----
extract (n)	/ˈekstrækt/	-----
fair trade goods	/ˌfeə treɪd ˈɡʊdz/	-----
fibre (n)	/ˈfaɪbə(r)/	-----
flavouring (n)	/ˈfleɪvərɪŋ/	-----
fruity (adj)	/ˈfruːti/	-----
funky (adj)	/ˈfʌŋki/	-----
GM (genetically-modified) food	/ˌdʒiː em (dʒəˌnetɪkli ˌmɒdɪfaɪd) ˈfuːd/	-----
greasy (adj)	/ˈɡriːsi/	-----
have a lot on your plate <i>informal</i>	/hæv ə ˌlɒt ɒn jɔː ˈpleɪt/	-----
in a nutshell	/ˌɪn ə ˈnʌtʃəl/	-----
in sb's humble opinion	/ɪn sʌmbədɪz ˌhʌmbəl əˈpɪnjən/	-----
juicy (adj)	/ˈdʒuːsi/	-----
level off at sth	/ˌlevl ˈɒf ət sʌmθɪŋ/	-----
loathe (v)	/ləʊð/	-----
low-carb diet	/ˌləʊ kɑːb ˈdaɪət/	-----
mild (adj)	/maɪld/	-----
mouth-watering (adj)	/ˈmaʊθwɔːtərɪŋ/	-----
minimalist (adj)	/ˈmɪnɪməlɪst/	-----
off the beaten track	/ˌɒf ðə biːtn ˈtræk/	-----
out of this world (adj)	/ˌaʊt əv ðɪs ˈwɜːld/	-----
peppery (adj)	/ˈpepəri/	-----
pie in the sky <i>informal</i>	/ˌpaɪ ɪn ðə ˈskaɪ/	-----
refuel (v)	/ˌriːˈfjuːəl/	-----

Wordlist

Word	Phonetics	Translation
replenish (v)	/rɪˈpleniʃ/	-----
rich (food)	/rɪtʃ (fu:d)/	-----
ripe (adj)	/raɪp/	-----
ripen (v)	/ˈraɪpən/	-----
runny (adj)	/ˈrʌni/	-----
saffron (n)	/ˈsæfrən/	-----
sedentary lifestyle	/ˈsedəntri laɪfstɑɪl/	-----
sharpen (v)	/ˈʃɑ:pən/	-----
smoky (adj)	/ˈsməʊki/	-----
sour (adj)	/saʊə(r)/	-----
spill the beans <i>informal</i>	/ˌspɪl ðə ˈbi:nz/	-----
staggering (adj)	/ˈstægərɪŋ/	-----
stale (adj)	/steɪl/	-----
sticky (adj)	/ˈstɪki/	-----
straightforward (adj)	/ˌstreɪtˈfɔ:wəd/	-----
strong (flavour) (adj)	/strɒŋ/	-----
sugary (adj)	/ˈʃʊɡəri/	-----
tasteless (adj)	/ˈteɪstləs/	-----
tasty (adj)	/ˈteɪsti/	-----
tender (adj)	/ˈtendə(r)/	-----
tentative (adj)	/ˈtentətɪv/	-----
to die for (adj) <i>informal</i>	/tə ˈdaɪ fɔ:(r)/	-----
tough (adj)	/tʌf/	-----
upmarket (adj)	/ˌʌpˈmɑ:kɪt/	-----
use-by date (n)	/ˈju:zbɑ deɪt/	-----
vigorous (adj)	/ˈvɪɡərəs/	-----
wholemeal bread	/ˌhəʊlmɪ:l ˈbred/	-----

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animalistic (adj)	/ˌænɪməˈlɪstɪk/	-----
bolster (v)	/ˈbɒlstə(r)/	-----
calorific breakdown	/ˌkælərɪfɪk ˈbreɪkdaʊn/	-----
coin a phrase	/ˌkɔɪn ə ˈfreɪz/	-----
eating disorder	/ˈi:tɪŋ dɪsɔ:də(r)/	-----
fatty (adj)	/ˈfæti/	-----
malnutrition (n)	/ˌmælnjuːˈtrɪʃn/	-----
saturated fat	/ˌsætʃəreɪtɪd ˈfæt/	-----
sugar-laden (adj)	/ˈʃʊɡələɪdən/	-----
take sth to extremes	/ˌteɪk sʌmθɪŋ tu ɪkˈstri:mz/	-----
weight loss	/ˈweɪt lɒs/	-----
willpower (n)	/ˈwɪlpəʊə(r)/	-----

Unit 7 Communication

accessible (adj)	/əkˈsesəbl/	-----
action hero	/ˈækʃn hɪərəʊ/	-----
all in all	/ˌɔ:l ɪn ˈɔ:l/	-----
anti-hero (n)	/ˈæntihɪərəʊ/	-----
at one stroke	/ət ˌwʌn ˈstrəʊk/	-----
axe (v)	/æks/	-----
bid (n)	/bɪd/	-----
bombard sb with sth (v)	/bɒmˈbɑ:d sʌmbədi wɪð sʌmθɪŋ/	-----
breaking news	/ˌbreɪkɪŋ ˈnju:z/	-----
broadsheet (n)	/ˈbrɔ:dʃi:t/	-----
censorship (n)	/ˈsensəʃɪp/	-----
character (letter) (n)	/ˈkærəktə(r)/	-----
check-out assistant	/ˈtʃekʌʊt əsɪstənt/	-----

Word	Phonetics	Translation
citizen journalism	/ˌsɪtɪzən ˈdʒɜ:nəlɪzəm/	-----
cliché (adj)	/ˈkli:ʃeɪd/	-----
column (in newspaper) (n)	/ˈkɒləm (ɪn ˈnju:zpeɪpə(r))/	-----
comic actor	/ˌkɒmɪk ˈæktə(r)/	-----
commonplace (adj)	/ˈkɒmənples/	-----
complex (adj)	/ˈkɒmpleks/	-----
constituent (n)	/kənˈstɪtjuənt/	-----
correspondent (n)	/ˌkɒrəˈspɒndənt/	-----
curb (v)	/kɜ:b/	-----
cyber attack	/ˈsaɪbər ətæk/	-----
editorial (n)	/ˌedɪˈtɔ:riəl/	-----
exhilarating (adj)	/ɪɡˈzɪləreɪtɪŋ/	-----
extra (n)	/ˈekstrə/	-----
eyewitness account	/ˌaɪwɪtnəs əˈkaʊnt/	-----
far-fetched	/ˌfɑ:ˈfetʃt/	-----
fast-moving (adj)	/ˌfɑ:stˈmu:vɪŋ/	-----
feel burdened by sth (v)	/fi:l ˈbɜ:dənd baɪ sʌmθɪŋ/	-----
fend off (phr v)	/ˌfend ˈɒf/	-----
flourish (v)	/ˈflaʊrɪʃ/	-----
forbid (v)	/fəˈbɪd/	-----
forge (v)	/fɔ:dʒ/	-----
front-page (adj)	/ˌfrʌnt ˈpeɪdʒ/	-----
gripping (adj)	/ˈɡrɪpɪŋ/	-----
heroin (n)	/ˈherəʊɪn/	-----
human-interest story	/ˌhju:mən ˈɪntrest stɔ:ri/	-----
instant messaging	/ˌɪn stənt ˈmesɪdʒɪŋ/	-----
intricate (adj)	/ˈɪntrɪkət/	-----
kick off (phr v)	/ˌkɪk ˈɒf/	-----
light-hearted (adj)	/ˌlaɪtˈhɑ:tɪd/	-----
live broadcast (n)	/ˌlaɪv ˈbrɔ:dkɑ:st/	-----
misinformation (n)	/ˌmɪsɪnfəˈmeɪʃn/	-----
moving (adj)	/ˈmu:vɪŋ/	-----
news blog (n)	/ˈnju:z blɒɡ/	-----
news flash (n)	/ˈnju:z flæʃ/	-----
online edition (n)	/ɒnˈlaɪn ɪdɪʃn/	-----
outweigh (v)	/ˌaʊtˈwei/	-----
pledge to do sth (v)	/ˌpledʒ tə ˈdu: sʌmθɪŋ/	-----
protagonist (n)	/prəˈtægənɪst/	-----
revolve around sth (v)	/rɪˈvɒlv əraʊnd sʌmθɪŋ/	-----
riddle (n)	/ˈrɪdl/	-----
rise to prominence	/ˌraɪz tu ˈprɒmɪnəns/	-----
rolling news channel	/ˌrɔ:ʊlɪŋ ˈnju:z tʃænl/	-----
romantic lead	/rɔ:ʊˌmæntɪk ˈli:d/	-----
satellite phone	/ˌsætəlaɪt ˈfəʊn/	-----
side-kick (n)	/ˈsaɪdkɪk/	-----
social networking site	/ˌsəʊʃl ˈnetwɜ:kɪŋ saɪt/	-----
spark sth off (phr v)	/ˌspɑ:k sʌmθɪŋ ˈɒf/	-----
supporting actor	/səˌpɔ:tɪŋ ˈæktə(r)/	-----
tabloid (n)	/ˈtæblɔɪd/	-----
the press	/ðə ˈpres/	-----
thought-provoking (adj)	/ˈθɔ:tprəvəʊkɪŋ/	-----
well-rounded (adj)	/ˌwelˈraʊndɪd/	-----

Get Ready for your Exam 7

bloodthirsty (adj)	/ˈblʌdθɜ:sti/	-----
dazzled (adj)	/ˈdæzld/	-----

Wordlist

Word	Phonetics	Translation
fame-hungry (adj)	/ˈfeɪmhʌŋɡri/	-----
futuristic (adj)	/ˌfjuːtʃəˈrɪstɪk/	-----
mime show (n)	/ˈmaɪm ʃəʊ/	-----
outlying (adj)	/ˈaʊtlaɪŋ/	-----
ratings (n)	/ˈreɪtɪŋz/	-----
recital (n)	/rɪˈsaɪtl/	-----
stand-up comedy	/ˌstændʌp ˈkɒmədi/	-----

Unit 8 Our planet

advocate (n)	/ˈædvəkət/	-----
all things considered	/ˌɔːl θɪŋz kənˈsɪdəd/	-----
asteroid (n)	/ˈæstərɔɪd/	-----
be imperative	/ˌbiː ɪmˈperətɪv/	-----
biodegrade (v)	/ˌbaɪəʊdɪˈɡreɪd/	-----
biofuel (n)	/ˈbaɪəʊfjuːəl/	-----
bring criminal charges	/brɪŋ ˌkrɪmɪnəl ˈtʃɑːdʒɪz/	-----
burn up (v)	/ˌbɜːn ˈʌp/	-----
bypass (n)	/ˈbaɪpɑːs/	-----
carbon emissions	/ˈkɑːbən ɪmɪʃnz/	-----
carbon footprint	/ˌkɑːbən ˈfʊtprɪnt/	-----
chain reaction	/ˌtʃeɪn rɪˈækʃn/	-----
climate change	/ˈklaɪmət tʃeɪndʒ/	-----
CO ₂ emissions	/ˌsiː əʊ ˈtuː ɪmɪʃnz/	-----
coal mine	/ˈkəʊl maɪn/	-----
collide (with sth) (v)	/kəˈlaɪd (wɪð sʌmθɪŋ)/	-----
conserve (energy, etc.)	/kənˈsɜːv (ˈenədʒi)/	-----
constellation (n)	/ˌkɒnstəˈleɪʃn/	-----
contend with sth (v)	/kənˈtend wɪð sʌmθɪŋ/	-----
debris (n)	/ˈdebrɪz/	-----
defunct (adj)	/dɪˈfʌŋkt/	-----
dispose of sth (v)	/dɪˈspəʊz əv sʌmθɪŋ/	-----
eco-protest (n)	/ˈiːkəʊprəʊtest/	-----
electricity pylon (n)	/ɪlekˈtrɪsəti paɪlən/	-----
endangered species	/ɪnˌdeɪndʒəd ˈspiːʃiːz/	-----
exhaust fumes	/ɪɡˈzɔːst fjuːmz/	-----
extinction (n)	/ɪkˈstɪŋkʃn/	-----
fossil fuel	/ˈfɒsl fjuːəl/	-----
galaxy (n)	/ˈɡæləksi/	-----
generate (electricity) (v)	/ˈdʒenəreɪt (ɪlekˈtrɪsəti)/	-----
global warming	/ˌɡləʊbl ˈwɔːmɪŋ/	-----
green (caring about the planet) (adj)	/ɡriːn (ˌkeərɪŋ əbaʊt ðə ˈplænɪt)/	-----
greenhouse gas	/ˌɡriːnhaʊs ˈɡæs/	-----
hazardous (adj)	/ˈhæzədəs/	-----
hydroelectric power	/ˌhaɪdrəʊɪlektɪk ˈpaʊə(r)/	-----
in captivity	/ˌɪn kæpˈtɪvəti/	-----
insulate (v)	/ˈɪnsjuleɪt/	-----
in the final analysis	/ɪn ðə ˌfaɪnl əˈnæləsɪs/	-----
leftover (n)	/ˈleftəʊvə(r)/	-----
meteorite (n)	/ˈmiːtɪərɪt/	-----
methane pollution	/ˈmiːθeɪn pəluːʃn/	-----
natural resources	/ˌnætʃrəl rɪˈzɔːsɪz/	-----
nature/wildlife reserve	/ˈneɪtʃəˈwaɪldlaɪf rɪzɜːv/	-----
oil rig	/ˈɔɪl rɪɡ/	-----
power station (n)	/ˈpaʊə steɪʃn/	-----
proponent (n)	/prəˈpəʊnənt	-----

Word	Phonetics	Translation
recycling (n)	/ˌrɪːˈsaɪklɪŋ/	-----
renewable energy	/rɪˌnjuːəbl ˈenədʒi/	-----
satnav (n)	/ˈsætneɪv/	-----
shale gas	/ˈfeɪl ɡæs/	-----
solar panel	/ˌsəʊlə ˈpænl/	-----
solar power	/ˌsəʊlə ˈpaʊə(r)/	-----
solar system	/ˈsəʊlə sɪstəm/	-----
that said	/ˌðæt ˈsed/	-----
tidal power	/ˌtaɪdl ˈpaʊə(r)/	-----
titanium (adj)	/tɪˈteɪniəm/	-----
to sum up	/tu ˌsʌm ˈʌp/	-----
undernourished (adj)	/ˌʌndəˈnaɪft/	-----
vertical farming	/ˌvɜːtɪkl ˈfɑːmɪŋ/	-----
wind farm	/ˈwɪnd fɑːm/	-----
wind turbine	/ˈwɪnd tɜːbaɪn/	-----
woodland (n)	/ˈwʊdlənd/	-----

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affection (n)	/əˈfekʃn/	-----
be anxious to do sth	/bi ˌæŋkʃəs tə ˈduː sʌmθɪŋ/	-----
fondness (adj)	/ˈfɒndnəs/	-----
spouse (n)	/spaʊs/	-----
tenderness (n)	/ˈtendənəs/	-----

Unit 9 Mistakes

affordable (adj)	/əˈfɔːdəbl/	-----
altruistic (adj)	/ˌæltrʊˈɪstɪk/	-----
be the spitting image of sb	/bi ðə ˌspɪtɪŋ ˈɪmɪdʒ əv sʌmbədi/	-----
breakable (adj)	/ˈbreɪkəbl/	-----
breezy (adj)	/ˈbriːzi/	-----
brooch (n)	/brəʊtʃ/	-----
chief executive	/ˌtʃiːf ɪɡˈzekjʊtɪv/	-----
cleaning product	/ˈkliːnɪŋ prɒdʌkt/	-----
closely-guarded secret	/ˌkləʊsliˌɡɑːdɪd ˈsiːkrət/	-----
clumsy (adj)	/ˈklʌmzi/	-----
comparable (adj)	/ˈkɒmpərəbl/	-----
compatible (adj)	/kəmˈpætəbl/	-----
credible (adj)	/ˈkredəbl/	-----
cunning (adj)	/ˈkʌnɪŋ/	-----
curable (adj)	/ˈkjʊərəbl/	-----
cynical (adj)	/ˈsɪnɪkl/	-----
deceitful (adj)	/dɪˈsiːtfl/	-----
dependable (adj)	/dɪˈpendəbl/	-----
desert (v)	/dɪˈzɜːt/	-----
determined (adj)	/dɪˈtɜːmɪnd/	-----
disloyal (adj)	/dɪsˈlɔɪəl/	-----
disorderly (adj)	/dɪsˈɔːdəli/	-----
eager (adj)	/ˈiːɡə(r)/	-----
fanciful (adj)	/ˈfænsɪfl/	-----
flashmob (n)	/ˈflæʃmɒb/	-----
heroic (adj)	/həˈrəʊɪk/	-----
hint (n)	/hɪnt/	-----
hospitable (adj)	/hɒsˈpɪtəbl/	-----
hurtful (adj)	/ˈhɜːtfl/	-----
hypothetical (adj)	/ˌhaɪpəˈθetɪkl/	-----
hysterical (adj)	/hɪˈsterɪkl/	-----

Wordlist

Word	Phonetics	Translation
indestructible (adj)	/,ɪndrɪ'strʌktəbl/	-----
justly (adv)	/'dʒʌstli/	-----
maternity hospital	/mə'tɜ:nəti hɒspɪtl/	-----
meadow (n)	/'medəʊ/	-----
mischievous (adj)	/'mɪstʃəvəs/	-----
newborn (adj)	/'nju:bɔ:n/	-----
orphanage (n)	/'ɔ:fənɪdʒ/	-----
over-sensitive (adj)	/,əʊvə'sensətɪv/	-----
penniless (adj)	/'penɪləs/	-----
portal (n)	/'pɔ:tl/	-----
pretentious (adj)	/'prɪ'tenʃəs/	-----
pushy (adj)	/'pʊʃi/	-----
reckless (adj)	/'rekləs/	-----
regretful (adj)	/'rɪ'gretfl/	-----
retrievable (adj)	/'rɪ'tri:vəbl/	-----
ruthless (adj)	/'ru:θləs/	-----
self-centred (adj)	/,self'sentəd/	-----
settle a claim	/,setl ə 'kleɪm/	-----
short-sighted (adj)	/,ʃɔ:t'saɪtɪd/	-----
slandorous (adj)	/'slɑ:ndərəs/	-----
spiteful (adj)	/'spɪtfl/	-----
squeaky (adj)	/skwi:ki/	-----
thoughtless (adj)	/'θɔ:tləs/	-----
timely (adj)	/'taɪmlɪ/	-----
unmarked police car	/,ʌnmɑ:kt pə'li:s kɑ:(r)/	-----
unquestionable (adj)	/ʌn'kwɛstʃənəbl/	-----
widespread (adj)	/'waɪdspred/	-----
with a view to doing sth	/wɪð ə ,vju: tə 'du:ɪŋ sʌmθɪŋ/	-----
woolly (adj)	/'wʊli/	-----

Get Ready for your Exam 9

be comprised of sth	/bi kəm'praɪzd əv sʌmθɪŋ/	-----
blooper (n)	/'blu:pə(r)/	-----
cruise (n)	/'kru:z/	-----
enamoured (of sth)	/ɪn'æməd (əv sʌmθɪŋ)/	-----
end credits	/,end 'kredɪts/	-----
final cut	/,faɪnl 'kʌt/	-----
outtake (n)	/'aʊtteɪk/	-----

Unit 10 Game on!

adrenaline rush	/ə'drenəlɪn rʌʃ/	-----
aerobic capacity	/eə,rəʊbɪk kə'pæsəti/	-----
airflow (n)	/'eəfləʊ/	-----
alleviate (v)	/ə'li:vɪet/	-----
amber (adj)	/'æmbə(r)/	-----
athletics track	/æθ'letɪks træk/	-----
basketball court	/'bɑ:skɪtbɔ:l kɔ:t/	-----
bearings (n)	/'beərɪŋz/	-----
be level	/bi 'levl/	-----
be neck and neck	/bi ,nek ən 'nek/	-----
bob sleigh (n)	/'bɒbsleɪ/	-----
boxing ring (n)	/'bɒksɪŋ rɪŋ/	-----
cashew nut (n)	/'kæʃu:, kə'ʃu: nʌt/	-----
circulation (n)	/,sɜ:kjə'leɪʃn/	-----
course of action	/,kɔ:s əv 'ækʃn/	-----
cue (n)	/kju:/	-----
dictatorship (n)	/dɪk'tetəʃɪp/	-----

Word	Phonetics	Translation
dwelling (n)	/'dwelɪŋ/	-----
emphatic (adj)	/ɪm'fætɪk/	-----
emulate (v)	/'emjuleɪt/	-----
endurance events	/ɪn'dʒʊərəns ɪvents/	-----
falsehood (n)	/'fɔ:lsʊd/	-----
fatigue (n)	/fə'ti:g/	-----
formula 1 track (n)	/,fɔ:mjələ 'wʌn træk/	-----
fully primed (adj)	/,fʊli 'praɪmd/	-----
gain an edge	/,geɪn ən 'edʒ/	-----
give it everything	/,gɪv ɪt 'evrɪθɪŋ/	-----
informal		-----
go berserk	/,gəʊ bə'zɜ:k/	-----
goggles	/'gɒglz/	-----
golf course	/'gɒlf kɔ:s/	-----
go to extraordinary lengths	/gəʊ tu ɪk,streɪdnri 'leŋθs/	-----
it's high time ...	/ɪts 'haɪ taɪm .../	-----
hoop (n)	/hu:p/	-----
image-conscious	/'ɪmɪdʒ kɒŋʃəs/	-----
leisure centre	/'leɪzə sentə(r)/	-----
ligament (n)	/'lɪgəmənt/	-----
long-sightedness (n)	/,lɒŋ'saɪtɪdnəs/	-----
nasal strip	/'neɪzl strɪp/	-----
nutrient (n)	/'nju:trɪənt/	-----
pad (n)	/pæd/	-----
parameter (n)	/pə'ræmɪtə(r)/	-----
performance-enhancing (adj)	/pə'fɔ:məns ɪnhɑ:nsɪŋ/	-----
pitch (n)	/pɪtʃ/	-----
pool	/pu:l/	-----
potassium (n)	/pə'tæsiəm/	-----
prestigious (adj)	/pre'stɪdʒəs/	-----
puck (n)	/pʌk/	-----
reigning champion	/,reɪnɪŋ 'tʃæmpɪən/	-----
retractable roof	/rɪ,trektəbl 'ru:f/	-----
short-sightedness (n)	/,ʃɔ:t'saɪtɪdnəs/	-----
shuttlecock (n)	/'ʃʌtlkɒk/	-----
skating rink	/'skertɪŋ rɪŋk/	-----
sprain (n, v)	/spreɪn/	-----
sprint (v)	/sprɪnt/	-----
stamina (n)	/'stæmɪnə/	-----
strip (n)	/strɪp/	-----
tennis court	/'tenɪs kɔ:t/	-----
tissue (in your body) (n)	/'tɪʃu: (ɪn jɔ: 'bɒdi)/	-----
treadmill (n)	/'tredmɪl/	-----
unassailable (adj)	/,ʌnə'seɪləbl/	-----
ward off (phr v)	/,wɔ:d 'ɒf/	-----
wetsuit (n)	/'wetsuɪt/	-----
zinc (n, adj)	/zɪŋk/	-----

Get Ready for your Exam 10

foremost aim	/,fɔ:məʊst 'eɪm/	-----
hazardous (adj)	/'hæzədəs/	-----
healing power (n)	/'hi:lɪŋ paʊə(r)/	-----
inner peace	/,ɪnə 'pi:s/	-----
reach its peak	/,ri:tʃ ɪts 'pi:k/	-----
self-discipline (n)	/,self'dɪsəplɪn/	-----
tranquillity (n)	/træŋ'kwɪləti/	-----